

ローマ字(別称)、(参考位置)等	山		インド・ヒマラヤ		カタカナ表記・山名数	緯度(°'")	経度(°'")	標高(m)	標高・	山域	参考文献・初登頂等
ROMA	Card	Index	Photo	Figure	KANA(71)	LAT	LON	ALT	ALT2	AREA	REF(M=三省堂山名p)
Bapi(Banu), (South 13km of Spanggur Lake)					ハピ <sup>○</sup> -(ハヌー)	335200	785500	6215	6300	PA	S Area of Spanggur Lake
Barma Kangri		233		F229, F230	バルマ・カンリ	334200	783300	6580		PA	2010 Japan (Chukyou)
Chilam					チラム	335600	780500	5949		PA	3
Chumik					チュミク	331200	785500	5995		PA	3 M315
Handling					ハンドリン	324700	784000	6215		PA	20 M423
Harong, (East, Pangong Range)	○	234		F230	ハロン東峰	335500	782000	6210	6209	PA	3 M419
Jata					ジャタ	324500	794000	5000		PA	7
Kakstet (Kangri)		231		F230	カクステット・カンリ	334100	783400	6461		PA	M92
Kamdar					カムダール	330800	781700	5280		PA	3 M102
Kangju Kangri (Thinguru)		231		F230, F229	カンジュ・カンリ	334200	783100	6725	6724	PA	
Kharpa					カルパ	324600	780900	6234		PA	20 M110
Maan		232		F230, F229, F237	マーン	334850	782750	6342		PA	2007, JAC(Ishikawa)
Mari-West (Knocuk Tsoo)		231		F230, F229	マリ西峰(クノック・ツォー)	334800	782800	6560		PA	2004, India
Mari-East		232	G2-184	F230, F229, F237	マリ東峰	334800	782750	6585		PA	2011, Japan(Tochigi)
Meruk		233		F230, F229, F237	メルック	333600	783000	c6215		PA	
Modu					モドゥ	331300	784900	5900	5920	PA	3 M551
Nechung					ネッチュン	331600	784000	6037		PA	3 M376
P5044, (South 12km of Spanggur Lake)					ピーク5244	332800	785200	5044		PA	S Area of Spanggur Lake
P5072, (NE 18km of Kakstet)					ピーク5702	334900	783600	5072	5073	PA	NE Area of Pangong Tso
P5122, (NW 7km of Kangju Kangri)					ピーク5122	334600	782600	5122		PA	Kangju Kangri Area
P5209, (West 2km of Spanggur Lake)					ピーク5209	333200	784200	5209		PA	S Area of Spanggur Lake
P5244, (NW 5km of Harong)					ピーク5244	335700	781900	5244		PA	Harong Area

P5291, (North 2km of Imur Camp)					ヒーク5291	335600	782300	5291		PA	Harong Area
P5327, (North 6km of Harong)					ヒーク5327	335800	782100	5327		PA	Harong Area
P5414, (South of Imur Camp)					ヒーク5414	335600	782300	5414		PA	Harong Area
P5438, (NE 21km of Kakstet)					ヒーク5438	334700	784500	5438	5488	PA	NE Area of Pangong Tso
P5508, (ESE 23km of Kakstet)					ヒーク5508	333300	784200	5508	5388	PA	Kangju Kangri Area
P5510, (North 5km of Spanggur Lake)					ヒーク5510	333800	785200	5510		PA	S Area of Spanggur Lake
P5578, (SW 3km of Spanggur Lake)					ヒーク5578	332900	784800	5578		PA	S Area of Spanggur Lake
P5650, (NW 3km of Spanggur Lake)					ヒーク5650	333900	784600	5650		PA	S Area of Spanggur Lake
P5683, (North 5km of Spanggur Lake)					ヒーク5683	333600	785900	5683		PA	S Area of Spanggur Lake
P5684, (ESE 22km of Kakstet)					ヒーク5684	333300	784200	5684	5650	PA	Kangju Kangri Area
P5688, (ENE 22km of Kakstet)					ヒーク5688	334600	784800	5688	5682	PA	NE Area of Pangong Tso
P5692, (North of Bapi on Border)					ヒーク5692	332700	785900	5629		PA	S Area of Spanggur Lake
P5774, (West 12km of P6565)					ヒーク5774	334900	782300	5774		PA	Harong Area
P5799, (North 5km of Spanggur Lake)					ヒーク5799	333700	785400	5799		PA	S Area of Spanggur Lake
P6000, (SE 5km of Tangtse) .					ヒーク6000	345800	781800	c6000		PA/LS	
P6000 (Cockscom), (South 1km of Mari Wes	238	G2-185	F229		ヒーク6000 (鷄冠峰)	334800	782700	c6000		PA	
P6009, (East 10km of Pangong Tso, on Border)					ヒーク6009	355800	784400	6009		PA	NE Area of Pangong Tso
P6021, (East 10km of Pangong Tso, on Border)					ヒーク6021	334700	785300	6021		PA	NE Area of Pangong Tso
P6045, (North 3km of Spanggur Lake)					ヒーク6045	333500	785300	6045		PA	S Area of Spanggur Lake
P6081, (NE 27km of Kakstet)					ヒーク6081	335700	784200	6081		PA	NE Area of Pangong Tso
P6083, (North 2km of Bapi)					ヒーク6083	332700	785500	6083		PA	S Area of Spanggur Lake
P6094, (East 10km of Pangong Tso, on Border)					ヒーク6094	334800	785200	6094		PA	NE Area of Pangong Tso
P6096, (East 10km of Pangong Tso, on Border)					ヒーク6096	335700	784600	6096		PA	NE Area of Pangong Tso
P6100, (SE 7km of Tangtse Peak)					ヒーク6100	345600	781900	c6100		PA/LS	
P6134, (South of Kakstet, Shikti Lungpa South)					ヒーク6134	334200	783500	6143		PA	Kangju Kangri Are, 1995 Pre Everest, HJ.Vol.58
P6151, (NNE 25km of Kakstet)					ヒーク6151	335200	784000	6151	6181	PA	NE Area of Pangong Tso
P6171, (North of Bapi on Border)					ヒーク6171	332800	785800	6171		PA	S Area of Spanggur Lake
P6190, (South 6km of Kakstet)					ヒーク6190	334900	783500	6165		PA	Kangju Kangri Area
P6206, (S of Bapi, on Border)					ヒーク6206	332400	785500	6209		PA	S Area of Spanggur Lake
P6278, (East 10km of Pangong Tso on Border)					ヒーク6278	335100	785000	6278		PA	NE Area of Pangong Tso
P6309, (Near P6585)					ヒーク6309	335200	630900	6309		PA	Harong Area
P6341, (Near P6585)					ヒーク6341	335100	782600	6341		PA	Harong Area

P6442, (North of Spmpana, Most N of Pangong Range)				ピーク6442	330900	775900	6442		PA	Harong Area
P6486, (NW 5km of Kangju Kangri)				ピーク6486	334500	783000	6486		PA	Kangju Kangri Area
P6580, (East 2km of Kasktet)				ピーク6580	334100	784000	6580		PA	Kakstel Area, 1983 Army; 1995 Pre-Everst
P6585, (NW 8km of Kangju Kangri)				ピーク6585	334800	782900	6858		PA	Kangju Kangri Area
P6715, (NE 24km of Kakstet)				ピーク6715	334900	784700	6175	6263	PA	NE Area of Pangong Tso
Pangong Kangri				ハンコン・カンリ	335000	784200	6150	6170	PA	
Phanka				ハンカ	333500	783000	6138	6100	PA	3 M419
Rezani- I, (West 3km of Bapi)				レザニ I 峰	332500	785100	5361		PA	Southern Area of Spanggur Lake
Rezani- II, (West 3km of Bapi)				レザニ II 峰	332500	785100	5291		PA	Southern Area of Spanggur Lake
Sajum, (South 22km of Spanggur Lake on Border)				サシューム	332000	785300	6102	6101	PA	Southern Area of Spanggur Lake
Spangmik	233	P.234	F230	スハンミック	345300	782300	c6240		PA	
Tangtse			F277	タンツェ	340000	781500	6010	6096	PA/L	3 M299
Zanak Po, (Same name peak)				ザナック・ポー	322900	785000	6294		PA	20 3 M210
Zanak Po (Zanakpo),(Same name peak)				ザナック・ポ	323100	785000	5917		PA	20 3 M210
Zleck				スレック	331100	771800	5649		PA	3 M267
Zoboshisha				ゾボシシャ	331100	782100	5082		PA	3 M277
Zong Gatar (Zongatar)				ゾン・カタル (ゾンカタル)	330700	771500	5500	D	PA	3